



Exam tip: Make sure you understand and know how to use the following keywords

Food and digestion keywords

Enzymes
Fuel
Energy
Respiration
Food pyramid
Guideline
Fat
Oil
Insulation
Saturated
Unsaturated
Small intestine
Gall bladder
Bile
Large intestine

Carbohydrates
Starch
Sugar
Nutrients
Physical digestion
Chemical digestion
Oesophagus
Glucose
Fibre
Pancreas
Stomach
Churning
Absorption

Protein
Growth and repair
Minerals
Vitamins
Water
Energy content
Regulate
Fortified
Multivitamins
Kilocalories
Kilojoules